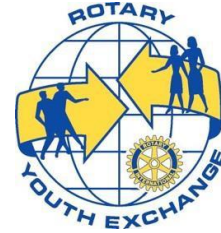




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Croatian Camp 2016 Mountain & Sea Adventure

Dear participants,

We would like to announce that Croatian Rotary clubs - District 1913 are organizing summer camp for youth with following program:

Date: 15th July – 27th July /2016

The Camp starts in Zagreb on Friday, July 15th and will last until Wednesday July 27th 2016.

Participants are supposed to leave Zagreb on the 27th July 2015.

Age: from 18 to 22 years.

Group size: 12 participants (6 boys & 6 girls)

Language: English (basic knowledge of English is required)

Program: Cultural sights of Zagreb, Split, Zadar + 6 day Outward Bound Program

Accommodation: Hostels + outside/tents in Outward Bound program

Participation fee: 150€

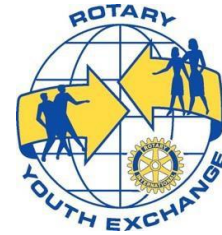
Insurance: Participants will receive detailed instructions regarding insurance once they are accepted in the camp.

When does the summer camp starts and finish?

All participants should arrive in Zagreb on 15th of July. The plane ticket should have Zagreb as the final destination, also participants fly home from Zagreb on July 27th. The organizer does not cover the price of both arrival and departure flights for the participants. The last day of our camp is Wednesday, July 27th 2016. The return flight is proposed for July 27th from Zagreb.



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Where Croatian camp will take a place ?

The camp will start in capital of Croatia, Zagreb where all participants will spend one night. The second day participants will visit famous Croatian national park Plitvička jezera and will arrive to Veliki Žitnik where Outward Bound program will start. After 7 days in mountains participants will have some leisure activities on the Adriatic coast in cities Split, Hvar and Zadar. Last two days of the camp participant will be discovering Zagreb and Zagreb county.

Lika Adventure 7 - Day Outward Bound Program

About Outward Bound Croatia

Outward Bound (www.outwardbound.net) has provided more than seven decades of experiential education to individuals seeking focus in life, strength of character, resolve, sense of social responsibility and leadership. Outward Bound courses teach overcoming physical and mental challenges, building self-esteem and discovering ones own full capacities all resulting in higher level of adjustment to challenging life situations.



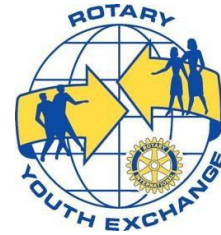
Like other Outward Bound schools, Outward Bound Croatia (www.outwardboundcroatia.com) conducts outdoor courses in nature where the participants discover and refine their inner abilities, build respect for themselves and others, gain skills of building positive social interactions and leadership, reject unhealthy and destructive habits and become environmentally conscious. We teach and work by the following principles: compassion, integrity, excellence, inclusion and diversity. Outward Bound Croatia is inviting you on a 7-day program Lika Adventure that takes place around our Educational center Veliki Žitnik in Lika in which you will be challenged to pass throughout wilderness of Lika valley overcoming the problem solving tasks and orientation dilemma. Additional elements include rock climbing, hiking and caving („Grabovaca cave“).

PROGRAM GOALS

Participants will practice wilderness, teamwork and leadership skills. In doing so, they will form a crew that supports and encourages one another, and when the challenge arises, discover there is more in them than they expected. As the course nears the end, participants will be encouraged to take on more leadership and decision-making responsibilities. Even though this is a mini expedition, they will need to work together to achieve team goals. They will return home as stronger, more resilient versions of themselves. They will be pushed to increased self-confidence, improve their leadership skills, and through the „Giving back“ community work, a desire to make a difference.



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DISTRICT 1913 / CROATIA



Technical Skills

- Basic First Aid, Camp craft, Food Preparation and Cooking, Map and Compass, Natural History, Travel Techniques

Interpersonal Skills

- Character, Leadership, Service, Camaraderie, Communication, Conflict Resolution, Empathy, Independence, Positive Risk Taking, Problem Solving, Resilience, Self Awareness, Self Confidence



SAFETY

Safety of both participants and instructors is the top priority of Outward Bound Croatia during preparation and conducting a course. Educational activities are held with the strictest safety procedures, developed with the expertise from OB systems around the world, to ensure maximal possible physical, emotional and social safety.

Practical information (This is truly an outdoor training, so please read the following lines carefully!)

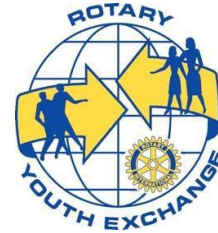
What to bring:

- Sleeping bag (-5 degrees)
- Backpack min 60L
- Camping mattress
- Good walking shoes - preferably waterproof, suitable for walking long distances in a mountainous, rocky area
- Shoes for water (sandals or old sneakers)
- Outdoor clothes - all-weather jacket, warm gloves, warm hat, sun hat, sunglasses, sunscreen, extra clothes for changing, UV sun block, long sleeve shirt
- Headlamp or battery-torch
- Towel
- Swimming suit
- Medicines that you usually use and need
- Passport or other official identification

In a case you do not have a backpack, sleeping mattress or sleeping bag, Outward Bound Croatia will provide one for you. Please communicate with us your needs.



 DISTRIKT 1913 / HRVATSKA
DISTRICT 1913 / CROATIA



Participation fee : 150€

In order to avoid cancelation, down pre-payment in the total of 50 € should be paid not later than 15 days upon acceptance of the participant confirmed by the Organizer. Participants are, in order to avoid extra bank costs, welcome to make the fully payment upon acceptance. Participation must be paid until 15th of June 2016. (see: Call for payment below)

Visas

Citizens of most of the countries do not need a visa for Croatia. If the visa is needed please contact Croatian Embassy in the country of residence or camp@rotary.hr

Other important information

During their stay in Croatia participants will be accompanied by a members from one of the Croatian Rotaract Clubs. In Zagreb, Split and Zadar they will meet members of the local Rotary clubs.

All the meals and lodging, entrance tickets and bus travel costs are provided by the Croatian Youth Exchange Program, Rotary District 1913.

Important notices :

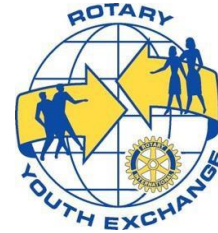
Completed Application Form must be sent until 30th of May 2016.

Every participant must be insured – we will send you more information on insurance upon acceptance. Besides the basic already mentioned above the registered participants will get information about accessories they will need for this camp.

Croatian Youth Exchange Team is looking forward to meet the participants and wish them pleasant stay in Croatia.



 DISTRIKT 1913 / HRVATSKA
DISTRICT 1913 / CROATIA



CROATIA ROTARY ASSOCIATION – DISTRICT 1913

Call for Payment

On the basis of your application on _____(date) for the Croatian Rotary Camp Mountain and Sea Adventure, we kindly ask you to pay in the camp fee in the amount of **150 euros** to the following account:

We kindly ask our participants to include the bank fee when making payment!!!

ACCOUNT HOLDER: ROTARY DISTRIKT 1913

ACCOUNT NR. 2484008-1102852060

IBAN: HR7424840081102852060

SWIFT: RZBHHR2X

PAYMENT DESCRIPTION: Croatian Rotary camp 2016 fee