



## ROTARY INTERNATIONAL YOUTH EXCHANGE – MULTIDISTRICT NORWAY 2250 – 2260 – 2275 – 2290 – 2305 - 2310

### District 2305 and the Rotary clubs Ørskog, Sykkylven, Spjelkavik and Sula, invite you to **Summer Camp NORWAY 2019 from 5.-15.**

**Theme:** Explore the North West of Norway.  
**Date:** 5. to 15. August 2019.  
**Arrival and Departure:** From same airport outside Ålesund: Ålesund Airport.  
**Location:** There will be 4 locations: First Ørskog east of Ålesund, then Sykkylven, Spjelkavik and last Sula.  
**Participants:** 12 participants, boys and girls.  
One from each country.  
**Age:** From 18 to 23 years.



**Language:** English.  
**Accommodation:** Mountain lodge and private host families.  
**Program:** Varied program including possible stay in a mountain lodge with outdoor activities. Mountain hiking and excursions to local places (industry, culture etc)

More detailed program will be sent out later.

**Clothing:** Summer clothes including suit for swimming, warmer clothes and good shoes for hiking in the mountain. Wind jacket, sweater  
**Food:** Traditional Norwegian food and international  
**Alcohol:** The camp is non-alcoholic

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**Costs:**

Participation fee is NOK 2000.

Pocket money is not included in participation fee.

**Insurance:**

Participants must be insured against illness, accidents and third party liabilities according to Rotary International recommendations.

**Acceptance:**

We will accept participants in order of entry of applications. However, we will try to balance between boys/girls to have same number if possible.

