

25/06/2020 au 05/07/2020

Mountain Camp 2020 - D 1700 - Girls & boys 18-23

Host country: FRANCE

Host district: District 1700

Rotary Club: Font Romeu Pyrénées Catalanes

Period: 2020, June 25th to July 5th

Age: from 18 to 23

Participants: max 15, limited to two participants by country.

<u>To apply you must be of legal age in your country</u> and have no contraindications to sports for the general public.

Aim of the camp:

- Mountain stay,
- · return to nature,
- · surpassing oneself,
- group cohesion

Projected programme:

- Guided hikes: Les étangs de Camporeils, le lac des Bouillouses et le massif du Carlit, La vallée d'Eyne,(rare endemic botany), La Carança, memorable via ferrata.
- Special visits: la grotte de Fontrabiouse, le Parc animalier des Angles, Naturlandia (Andorre)
- VTT day (may be "Tour du Capcir")
- half a day of sailing (lac de Matemale)
- half a day of orienteering race (watched by local soldiers)
- · canyoning, tree climbing
- meeting with Rotarians.
- work on a Rotarian project

All the mountain activities will be accompanied by a mountain guide.

Arrival: June 25th **Departure:** July 5th

The best access is Barcelone Airport and train to Puigcerda.
You can also use Toulouse Blagnac airport and train to Latour de Carol.
From Paris, TGV to Perpignan and bus to Mont Louis.

Language: English. French is a bonus.

Participation fee: 600 euros /participant, to be paid before the beginning of the camp

Accommodation: Chalet Les Isards, holiday center of Formiguères

Insurance : Participants must contract an insurance (illness, accident and third party damages). If needed, you can subscribe to "AXA/Welcare" French contract (about 150 €/participant).











Application:

The application, using regular Short Term exchange form, must be send by a certified d The application must be endorsed and sign sponsoring Rotary club signatories and D Youth Exchange Chairman

Application deadline:

2020, May 30th.

To be sent

From a RYE district or multidistrict only, to:

If the camp is full, it will be speci ed on this web If the application is accepted, contact will be set camp organizer.

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RETOUR